

St. Elizabeth Catholic Church

750 Sequoia Drive, Milpitas, CA 95035

Kid's Bulletin



ST. ELIZABETH CATHOLIC CHURCH

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SUNDAY, FEBRUARY 1, 2026

4TH SUNDAY IN ORDINARY TIME



“Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you and utter
every kind of evil against you falsely because of me. Rejoice and be
glad, for your reward will be great in heaven.” - Mt 5:10-12a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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How to be Happy!

In today's Gospel Jesus teaches the eight beatitudes.

Beatitude means happiness.

Here are some ideas on how to live the beatitudes:

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven. If you share your nice things and don't let your stuff be the most important things in your life then you will be happy.
2. Blessed are they who mourn, for they will be comforted. If you are sad now, remember that in Heaven there will be no more suffering.
3. Blessed are the meek, for they will inherit the land. Don't be selfish or pushy about things. God will make sure you get everything you need!
4. Blessed are they who hunger and thirst for righteousness, for they will be satisfied. If you try to do what is right then God will make the right things happen.
5. Blessed are the merciful, for they will be shown mercy. If you forgive other people when they hurt you, then God will forgive you when you are sorry for your sins.
6. Blessed are the clean of heart, for they will see God. If God is the center of your life, then your heart is pure and ready to see Him in Heaven when you die.
7. Blessed are the peacemakers, for they will be called children of God. God loves peace, and loves it when we try to avoid getting into fights.
8. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven. If you suffer for the truth, God will give you a joyful reward!



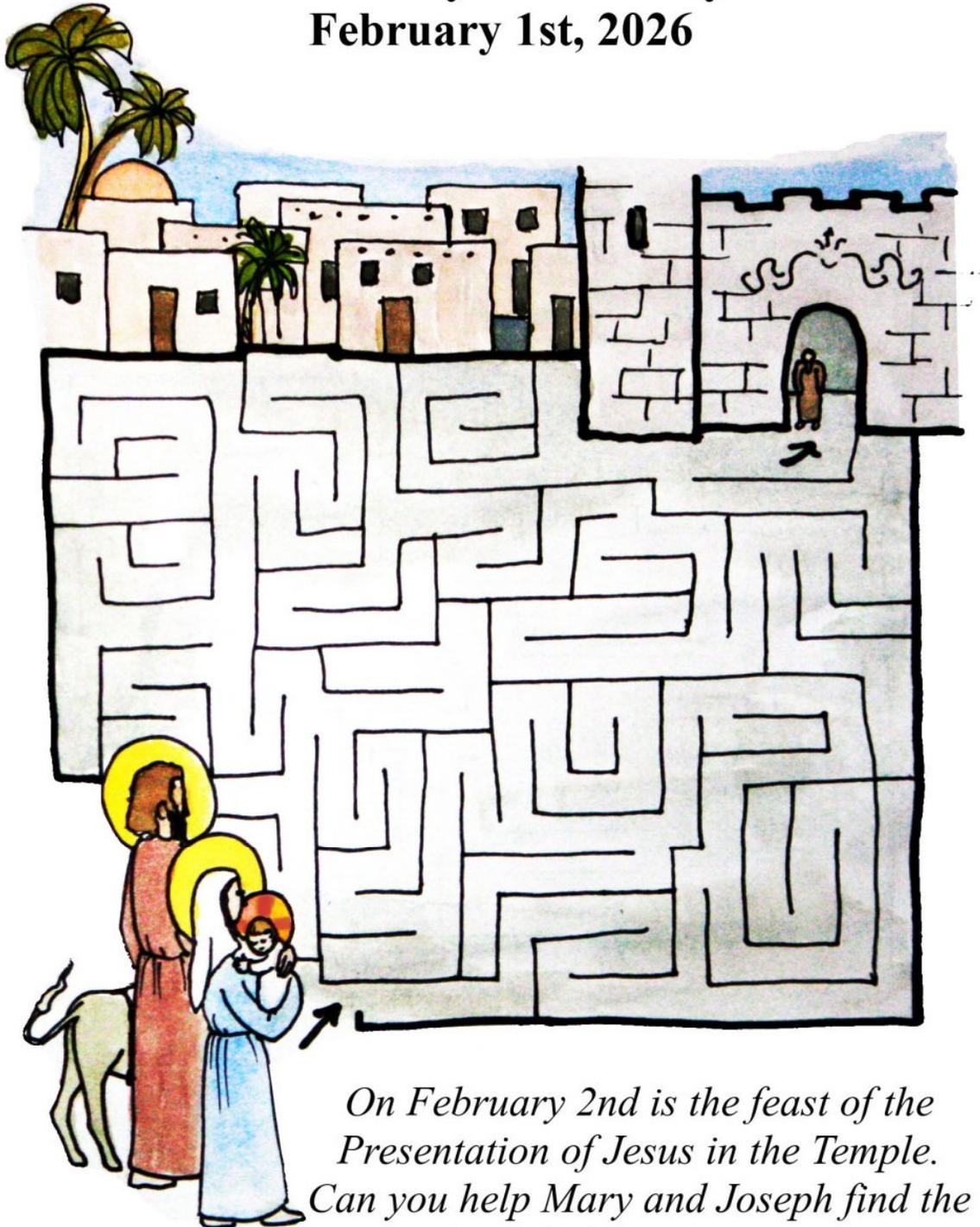
Answer to Beatitudes Word Find: Will be happy

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The Kids' Bulletin

Fourth Sunday in Ordinary Time

February 1st, 2026



On February 2nd is the feast of the Presentation of Jesus in the Temple. Can you help Mary and Joseph find the way through Jerusalem to present Baby Jesus in the Temple?

SAINT BLAISE

FEBRUARY 3

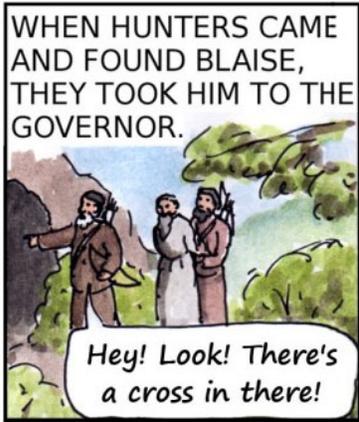
SAINT BLAISE WAS A BISHOP IN ARMENIA IN THE EARLY 300'S. WHEN PERSECUTION AROSE, HE WENT INTO THE WILDERNESS AND LIVED IN A CAVE.



ACCORDING TO LEGEND, SICK WILD ANIMALS WOULD COME TO HIM SO HE COULD HEAL THEM.

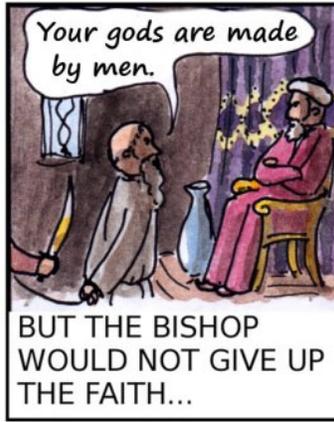


WHEN HUNTERS CAME AND FOUND BLAISE, THEY TOOK HIM TO THE GOVERNOR.



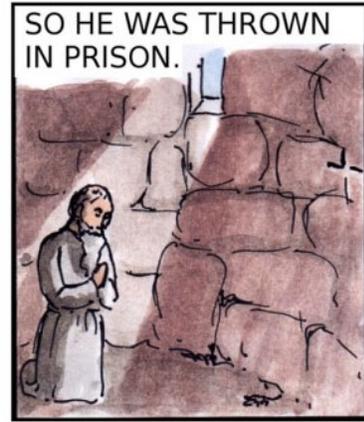
Hey! Look! There's a cross in there!

Your gods are made by men.

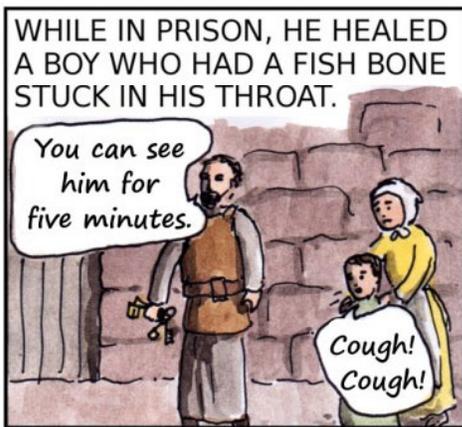


BUT THE BISHOP WOULD NOT GIVE UP THE FAITH...

SO HE WAS THROWN IN PRISON.



WHILE IN PRISON, HE HEALED A BOY WHO HAD A FISH BONE STUCK IN HIS THROAT.



You can see him for five minutes.

Cough! Cough!



If that doesn't change him, nothing will!

BLAISE'S CAPTORS TORTURED HIM TO TRY TO GET HIM TO GIVE UP THE FAITH, BUT HE WOULD NOT. FINALLY HE WAS BEHEADED.

SAINT BLAISE IS THE PATRON SAINT OF PEOPLE WITH THROAT PROBLEMS, SO YOU CAN PRAY TO HIM IF YOU GET A SORE THROAT. SAINT BLAISE TEACHES US TO BE KIND TO WILD ANIMALS, BUT MORE IMPORTANTLY HE TEACHES US TO NEVER GIVE UP OUR FAITH IN GOD, EVEN UNDER TORTURE.

Beatitudes Word Find

G	R	E	A	T	W	M	E	R	C	Y	I
K	I	N	G	D	O	M	L	T	H	E	Y
I	G	B	L	E	S	S	E	D	I	P	L
N	H	E	A	V	E	N	B	E	L	E	F
D	T	I	N	H	E	R	I	T	D	R	A
P	E	A	C	E	M	A	K	E	R	S	L
O	O	H	B	E	C	A	U	S	E	E	S
O	U	G	O	D	M	O	U	R	N	C	E
R	S	A	P	M	E	R	C	I	F	U	L
I	N	S	U	L	T	H	E	A	R	T	Y
W	E	P	C	O	M	F	O	R	T	E	D
H	S	A	T	I	S	F	I	E	D	D	Y
O	S	P	I	R	I	T	C	L	E	A	N

Find the words in CAPITALS from today's Gospel reading in the puzzle and use the leftover letters to fill in the blanks.

"Blessed are the POOR in SPIRIT, for theirs is the kingdom of HEAVEN. Blessed are they who MOURN, for they will be COMFORTED. BLESSED are the meek, for they will INHERIT the land. Blessed are THEY WHO hunger and thirst for RIGHTEOUSNESS, for

they will be SATISFIED.

Blessed are the MERCIFUL, for they will be shown MERCY.

Blessed are the CLEAN of HEART, for they will see GOD.

Blessed are the PEACEMAKERS, for they will be called CHILDREN of God.

Blessed are they who are PERSECUTED for the sake of righteousness, for theirs is the KINGDOM of heaven.

Blessed are you when they INSULT you and persecute you and utter every KIND of evil against you FALSELY BECAUSE of me. Rejoice and be glad, for your reward will be GREAT in heaven."

If you be like Jesus, you

_____.

Helping You Bring the Joy of the Faith to Your Family



When Jesus saw the crowds, He went up the mountain, and after He had sat down, His disciples came to Him. He began to teach them, saying: "Blessed are the poor in spirit, for theirs is the Kingdom of Heaven. Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of Me. Rejoice and be glad, for your reward will be great in Heaven." (Matthew 5:1-3, 11-12)

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4th Sunday in Ordinary Time - A

1. The color vestments the priest is wearing are _____.
2. The first reading is from the book of:
 - a. Zephaniah
 - b. Judith
 - c. Numbers
3. The Responsorial Psalm is, "Blessed the poor in spirit; the _____ of Heaven is theirs!"
4. The second reading is from St. Paul's 1st letter to:
 - a. The Corinthians
 - b. Timothy
 - c. The Romans
5. In this letter, we hear, "Whoever boasts, should boast in the _____."
6. The Gospel reading is from the Gospel of _____
7. "When Jesus saw the crowds, He went up the _____"
 - a. River
 - b. Stairs
 - c. Mountain
8. Which of the below does Jesus keep saying in this Gospel?
 - a. "Blessed are the _____"
 - b. "Repent, all you who _____"
 - c. "Pick up your _____ and follow Me"
9. BONUS #1: These things Jesus teaches in this Gospel are called "The _____."
10. BONUS #2: How many of these "blessings" did Jesus mention? _____

ANSWER KEY - 4th Sunday in Ordinary Time - A

1. The color vestments the priest is wearing are green.
2. The first reading is from the book of:
 - a. Zephaniah ←Correct!
 - b. Judith
 - c. Numbers
3. The Responsorial Psalm is, "Blessed the poor in spirit; the Kingdom of Heaven is theirs!"
4. The second reading is from St. Paul's 1st letter to:
 - a. The Corinthians ←Correct!
 - b. Timothy
 - c. The Romans
5. In this letter, we hear, "Whoever boasts, should boast in the Lord."
6. The Gospel reading is from the Gospel of Matthew.
7. "When Jesus saw the crowds, He went up the _____"
 - a. River
 - b. Stairs
 - c. Mountain ←Correct!
8. Which of the below does Jesus keep saying in this Gospel?
 - a. "Blessed are the _____" ←Correct!
 - b. "Repent, all you who _____"
 - c. "Pick up your _____ and follow Me"
9. BONUS #1: These things Jesus teaches in this Gospel are called "The Beatitudes."
10. BONUS #2: How many of these "blessings" did Jesus mention? Eight (8)

Fourth Sunday in Ordinary Time

- ✦ The color vestments the priest is wearing are...

 circle your answer!



RED



GREEN



VIOLET



ROSE



WHITE

PARENTS & EDUCATORS: *Print in color for best results!*

This worksheet is intended for children not yet reading or just learning. They may need simple instructions from you to complete the activities.

- ✦ In the first reading is from the book of

Zephaniah

- ✦ Responsorial Psalm

Blessed

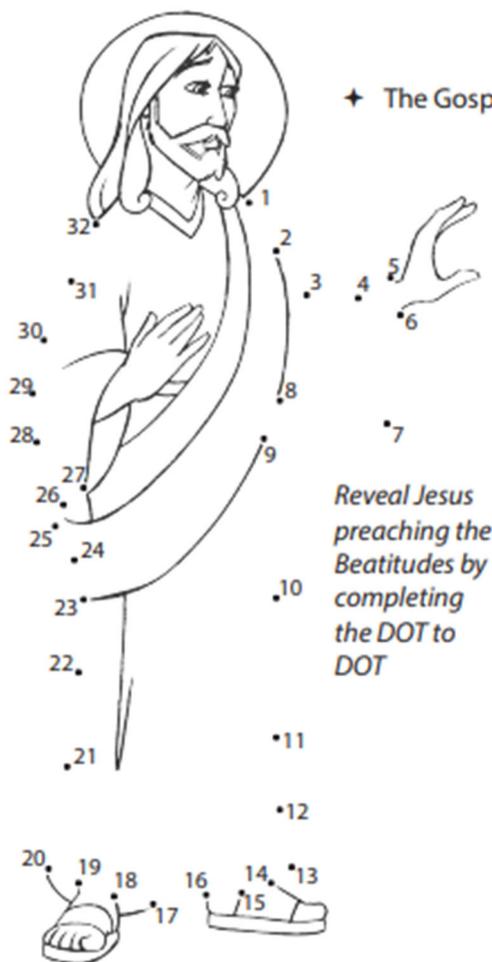
are the poor in spirit; the Kingdom of Heaven is theirs!

- ✦ The Second Reading is from the First Letter to the

Corinthians

- ✦ The Gospel is according to

Matthew



Match the Beatitude shapes with each other.

SHOWN MERCY	KINGDOM OF HEAVEN	THEY WHO MOURN
POOR IN SPIRIT	HUNGER & THIRST	CLEAN OF HEART
MEEK	MERCIFUL	INHERIT THE LAND
SATISFIED	COMFORTED	PEACEMAKERS
CALLLED CHILDREN OF GOD	SEE GOD	

GROWING

WITH THE *Gospel*

CYCLE A



COLOR

Read the Gospel of the week and color the image.



4th Sunday in Ordinary Time • Matthew 5:1-12a