

St. Elizabeth Catholic Church

750 Sequoia Drive, Milpitas, CA 95035

Kid's Bulletin



ST. ELIZABETH CATHOLIC CHURCH

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SUNDAY, FEBRUARY 22, 2026

1ST SUNDAY OF LENT



Then the devil took Jesus up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." - Mt 4:8-9

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

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What Happens in Lent?

In today's Gospel story, Jesus goes out into the desert to fast and pray for forty days. In the forty days of Lent, the Church asks us to fast, give alms, and pray.



In Lent we don't eat meat on Fridays. Many people give up things like candy or dessert for all of Lent. When we give up food that we like, it reminds us that food isn't the only thing we need- we need God too!



Giving alms means giving money or things to the poor or the Church. God lets there be people who need our help so that we can become better by helping them!

The third thing that we should do in Lent is praying. You could say an extra prayer every day- maybe an "Our Father" or a "Hail Mary" when you wake up or before you go to bed. Another good idea is reading a bit from the Bible, because when we read the Bible we let God speak to us.

What are some little things you could do for Lent? Try to do things that will help you think a bit more about God every day.



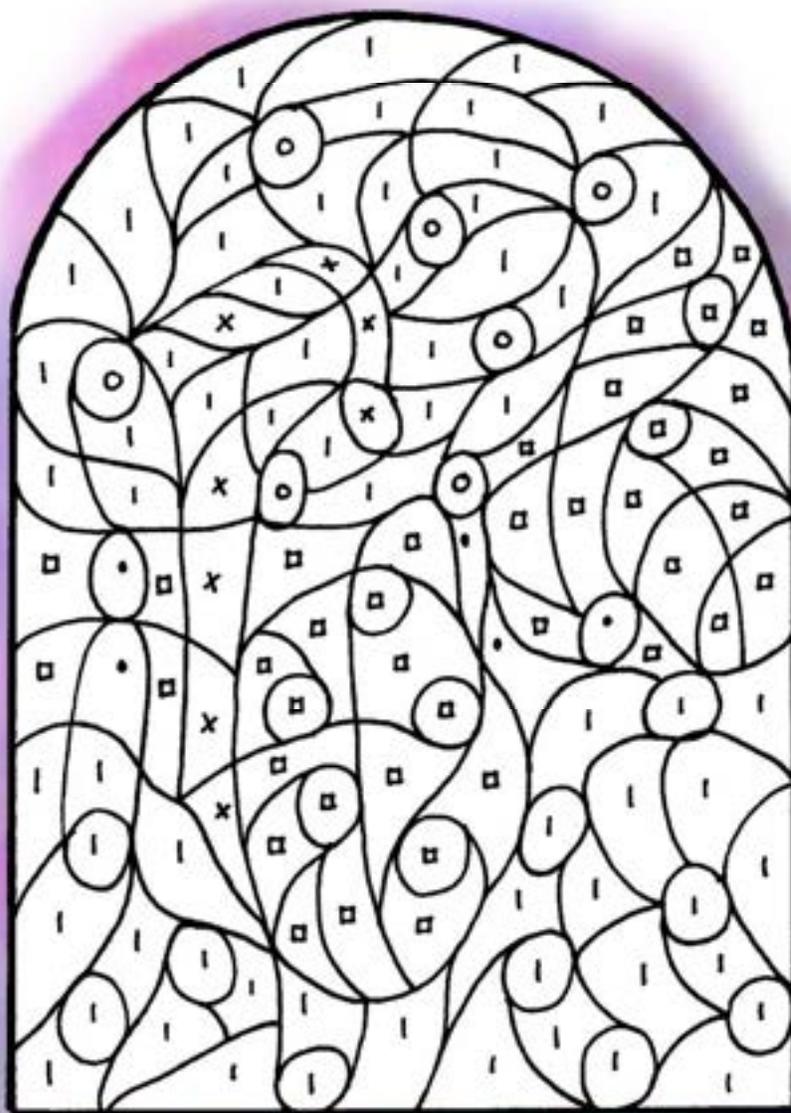
Answers to picture puzzle inside:
top: 4, 6, middle: 5, 1, bottom: 2, 3.

The Kids' Bulletin

First Sunday of Lent

February 22nd, 2026

*Today's first reading tells us about sin.
Use the code at the bottom to colour in the spaces
and find out what the story was.*



▣ blue
○ red

| green
• skin colour

x brown

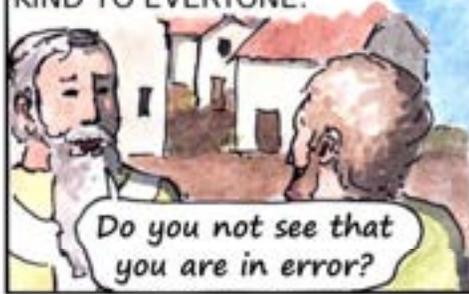
Saint Polycarp

February 23

SAINT POLYCARP LEARNED ABOUT JESUS FROM SAINT JOHN THE APOSTLE. HE BECAME THE BISHOP OF SMYRNA, IN WHAT IS NOW TURKEY.

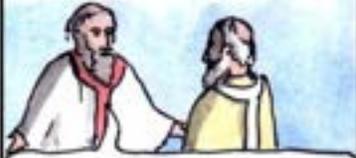


POLYCARP FOUGHT AGAINST HERESIES THAT CONFUSED PEOPLE ABOUT GOD, BUT WAS KIND TO EVERYONE.



Do you not see that you are in error?

POLYCARP CELEBRATED EASTER ON A DIFFERENT DAY THAN THE POPE, BUT THEY DID NOT ARGUE ABOUT IT.



The celebration is more important than the date.

Who do these Christians think they are?

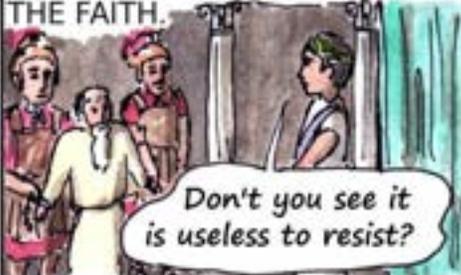


IN THOSE DAYS THE ROMANS HATED THE CHRISTIANS BECAUSE THEY WOULD NOT WORSHIP THE GODS.

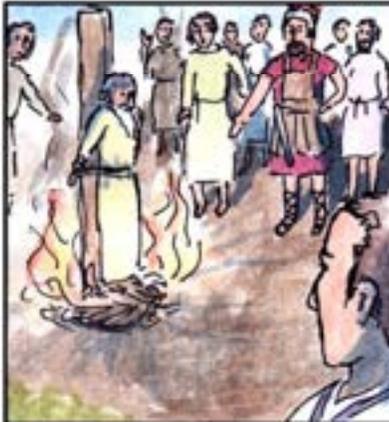
WHEN THEY CAME FOR POLYCARP HE HID ON A FARM, BUT WAS FOUND.



AT FIRST THEY FELT SORRY FOR HIM BECAUSE HE WAS SO OLD. THEY TRIED TO CONVINCE HIM TO GIVE UP THE FAITH.



Don't you see it is useless to resist?



HE WOULDN'T REJECT THE FAITH, SO THEY TRIED TO BURN HIM, BUT THE FIRE ONLY WENT AROUND HIM AND DIDN'T HURT HIM! FINALLY THEY STABBED HIM.

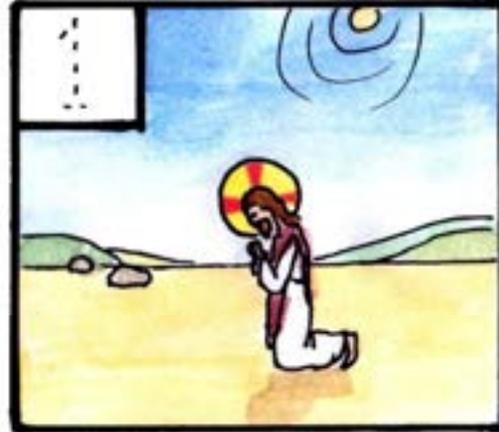
SAINT POLYCARP HELD ONTO HIS FAITH EVEN WHEN HE WAS VERY OLD. HE WOULDN'T EVEN GIVE UP ON JESUS WHEN HE WAS FACED WITH TORTURE. MOST OF US WON'T HAVE TO CHOOSE BETWEEN KEEPING OUR FAITH AND GETTING KILLED, BUT WE STILL HAVE TO BE BRAVE TO STAY TRUE TO JESUS IN THE WORLD.

Sort the Story!

What happened when Jesus had prayed and fasted for forty days in the desert?

See if you can sort out the order of these pictures.

Write 1 on the first, 2 on the second, and so on.





First Sunday of Lent, February 22, 2026



Then the devil took Him up to a very high mountain, and showed Him all the kingdoms of the world in their magnificence, and he said to Him, "All these I shall give to You, if You will prostrate Yourself and worship me." At this, Jesus said to him, "Get away, Satan! It is written: The Lord, your God, shall you worship and Him alone shall you serve." (Matthew 4:8-10)

Join us online for Lenten Adventure to receive FREE and faithful children's activities all through Lent and the Octave of Easter! Fun for kids of all ages (and easy on Mom and Dad)! Sign up with your email address at www.LentenAdventure.com

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Mass Quiz

1st SUNDAY OF LENT

SUNDAY

Today is the First Sunday of Lent. Pay close attention during Mass, then answer these questions:

1. What color vestment was the priest wearing this Sunday? _____
2. Which book of the Bible was the First Reading from?
a. Deuteronomy b. Exodus c. Genesis
3. Which person is talked about in the First Reading?
a. Moses b. Judas c. Eve d. Noah
4. Which book of the Bible was the Second Reading from?
a. Romans b. Philippians c. 1st Peter
5. What did your parish say or sing instead of "Alleluia" before the Gospel? _____

6. Which book of the Bible was the Gospel Reading from?
a. Mark b. Matthew c. John d. Luke
7. Where was Jesus in this Gospel?
a. The desert b. Jerusalem c. Bethlehem
8. Who did the Gospel reading say made Jesus go to there (listen carefully)?
a. His mother Mary b. The Holy Spirit c. St. Joseph
9. How long was Jesus there? _____
10. Who tempted Jesus in the Gospel?
a. The wild animals b. The devil or Satan c. John the Baptist





Lenten Adventure Week 1

Answer Key: 1st Sunday of Lent Mass Quiz

- 1) Violet (purple)
- 2) C
- 3) C
- 4) A
- 5) The most common is, "Praise to You, Lord Jesus Christ, King of endless glory!"
- 6) B
- 7) A
- 8) B
- 9) 40 days
- 10) B

First Sunday of Lent

+ The color vestments the priest is wearing are...

 circle your answer!

PARENTS & EDUCATORS: *Print in color for best results!*

This worksheet is intended for children not yet reading or just learning. They may need simple instructions from you to complete the activities.



RED



GREEN



VIOLET



ROSE



WHITE

+ The first reading is from

Genesis

+ Responsorial Psalm

Be merciful

O Lord, for we have sinned.

+ The second reading is from the Letter of Saint Paul to the

Romans

+ Today's Gospel is according to

Matthew



Help Jesus find the path that will take Him to the angel to minister to Him.



THE TEN COMMANDMENTS

For
Kids



1

Love God more than you love anything else.



2

Don't make anything in your life more important than God.



3

Always say God's name with love and respect.



4

Honor the Lord by resting on the seventh day of the week.



5

Love and respect your mom and dad.



6

Never hurt anyone.



7

Always be faithful to your husband or wife.



8

Don't take anything that isn't yours.



9

Always tell the truth.



10

Be happy with what you have. Don't wish for other people's things.