

St. Elizabeth Catholic Church

750 Sequoia Drive, Milpitas, CA 95035

Kid's Bulletin



ST. ELIZABETH CATHOLIC CHURCH

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SUNDAY, JULY 5, 2026

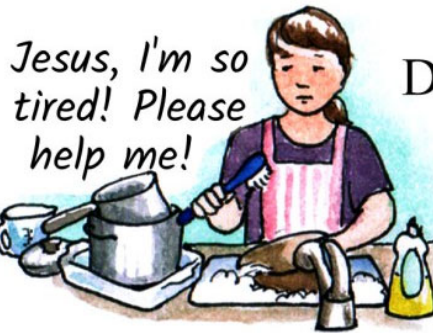
14TH SUNDAY IN ORDINARY TIME



“Come to me, all you who labor and are burdened, and I will give you rest.” - Mt 11:28

"I Will Give You Rest"

Today Jesus tells us, "Come to Me, all you who labour and are burdened and I will give you rest." God understands that we get tired and worn out. He wants us to come to Him when we need to rest. He refreshes our souls and gives us the energy and strength to carry on.



Jesus, I'm so tired! Please help me!

Do you ever feel like quitting when a job gets hard? Maybe you get tired of school or helping your Mom or Dad. When you feel like giving up it's time to start

praying! Your work might seem easier when you pray, but even if it still seems hard you will be happier knowing that you are doing it for God.

Jesus tells us to take His yoke on our shoulders. A yoke is a sort of bar that is used to help carry heavy things. Jesus is saying that we should do His work. For some people that means preaching like He did, or healing the sick, or being a priest, but for most people it means just doing everything we have to do out of love for God.

Wow! This all seems easier now!



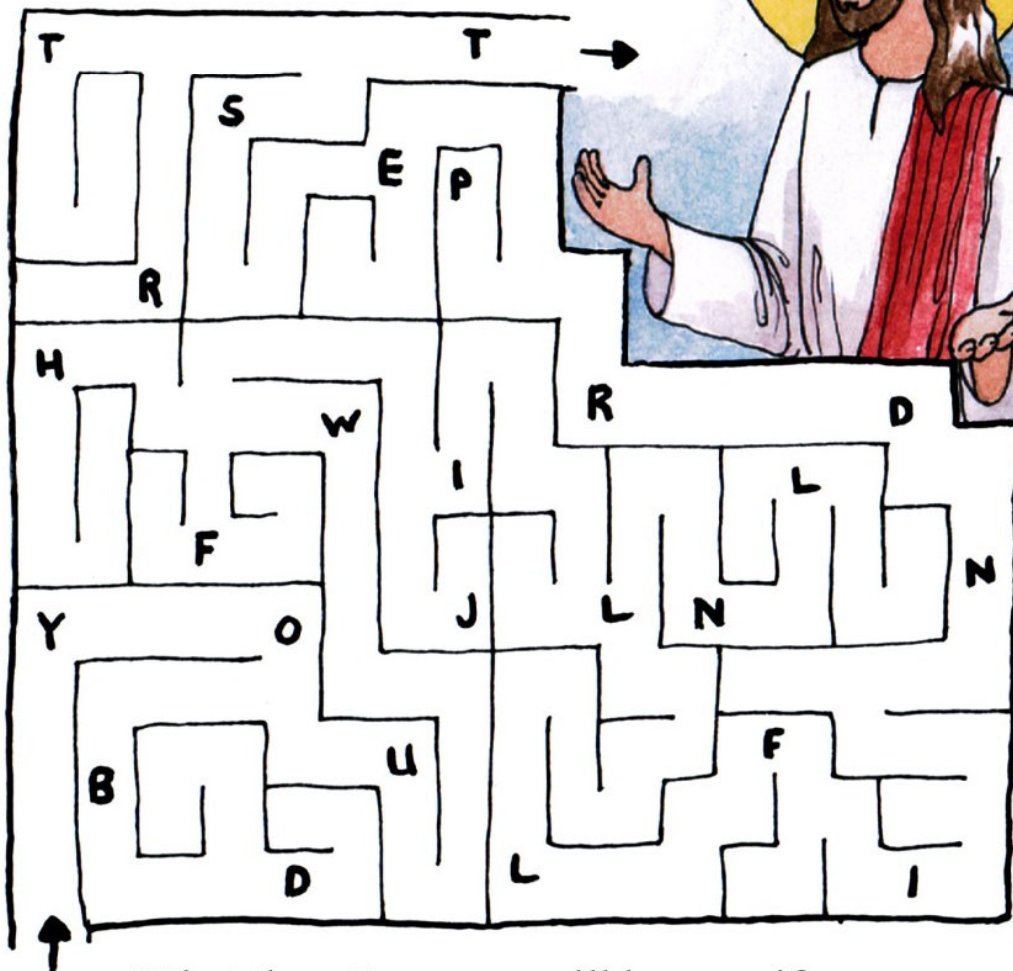
Answer to maze on front: You will find rest.
Answer to word-find: He is compassionate.

www.thekidsbulletin.com

The Kids' Bulletin

14th Sunday in Ordinary Time
July 5th, 2026

*"Come to Me, all you who
labour and are burdened..."*




What does Jesus say will happen if you go to Him when you're tired and worn out? First find your way through the maze and then use the words from that path to fill in the blanks.

SAINT GREGORIO GRASSI

JULY 8

GREGORIO GRASSI WAS BORN IN ITALY IN 1833. WHEN HE WAS FIFTEEN HE JOINED THE FRANCISCANS. HE STUDIED IN THE SEMINARY AND BECAME A PRIEST.

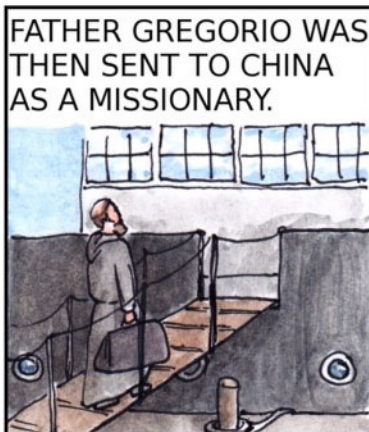


Is this what God is calling you to?

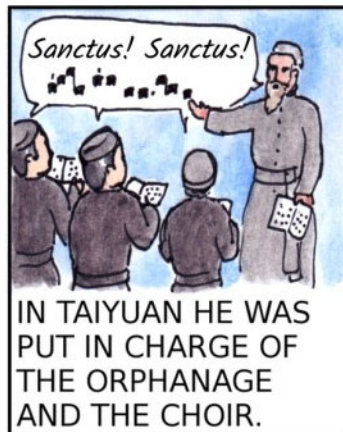
AFTER HE WAS ORDAINED HE WAS SENT TO ROME FOR TRAINING.



FATHER GREGORIO WAS THEN SENT TO CHINA AS A MISSIONARY.



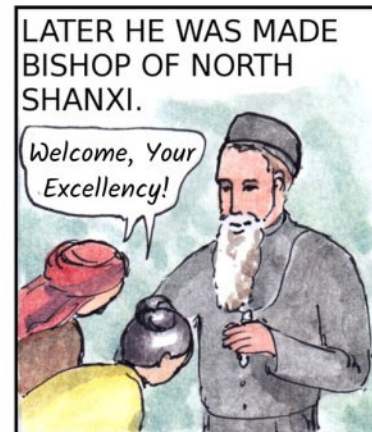
Sanctus! Sanctus!



IN TAIYUAN HE WAS PUT IN CHARGE OF THE ORPHANAGE AND THE CHOIR.

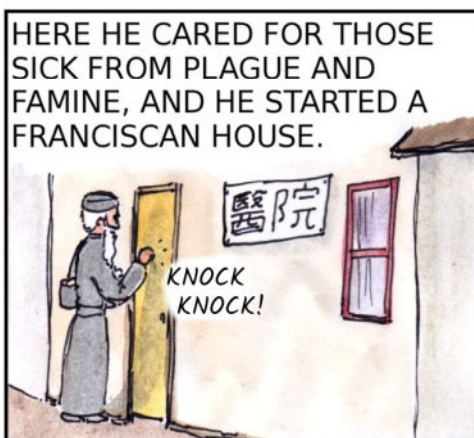
LATER HE WAS MADE BISHOP OF NORTH SHANXI.

Welcome, Your Excellency!

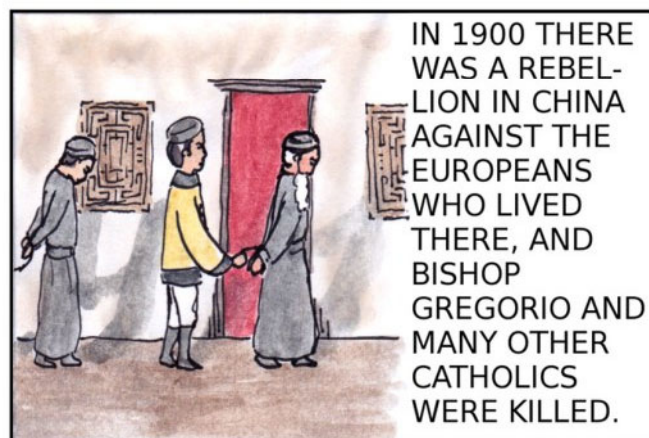


HERE HE CARED FOR THOSE SICK FROM PLAGUE AND FAMINE, AND HE STARTED A FRANCISCAN HOUSE.

KNOCK KNOCK!



IN 1900 THERE WAS A REBELLION IN CHINA AGAINST THE EUROPEANS WHO LIVED THERE, AND BISHOP GREGORIO AND MANY OTHER CATHOLICS WERE KILLED.



WHEN THE REBELLION STARTED BISHOP GREGORIO WAS WARNED TO LEAVE CHINA, BUT HE HAD LONG DESIRED TO DIE AS A MARTYR FOR CHRIST. HE CHOSE TO KEEP HELPING THE POOR AND SICK AND TO GIVE HIS LIFE FOR JESUS AND HIS CHURCH. WOULD YOU BE BRAVE ENOUGH TO DO THAT?

Psalm 145 Word-Find

L H A N G E R Y O U G
 O E F O R E V E R I O
 R B S F A L L I N G D
 D L C O C M P G O O D
 M E R C I F U L A W K
 K S A S O A S O W O I
 I S I I U I P R O R N
 N P S M S T R Y R D D
 G E E I T H A N K S N
 D A S G O F I A S L E
 O K N H A U S M T O S
 M E X T O L E E E W S

Find the words from today's Psalm that are in CAPITALS. Use the letters that are left over to fill in the blanks:

What is one of the things this Psalm tells us about God?

--- ---

I will EXTOL you, O my GOD and King,
 and I will bless your NAME forever and ever.
 Every day will I bless YOU,
 and I will PRAISE your name FOREVER and ever.

The Lord is GRACIOUS and MERCIFUL,
 SLOW to ANGER and of great KINDNESS.
 The Lord is GOOD to all
 and compassionate toward all his works.

Let all your works give you THANKS, O Lord,
 and let your faithful ones BLESS you.
 Let them discourse of the GLORY of your KINGDOM
 and SPEAK of your MIGHT.

The Lord is FAITHFUL in all his WORDS
 and holy in all his WORKS.
 The LORD lifts up all who are FALLING
 and RAISES up the bowed down.

Helping You Bring the Joy of the Faith to Your Family



"I give praise to You, Father, Lord of Heaven and earth, for although You have hidden these things from the wise and the learned You have revealed them to little ones."
(Matthew 11:25-26)

Visit us online at www.HolyHeroes.com MassPrep where you will find fun, free and faithful children's activities and more! Sign up with your email address to receive a reminder when new content is added.

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14th Sunday in Ordinary Time


1. Where is the 1st Reading from?
 - a. Zechariah
 - b. Job
 - c. Amos
2. Who is speaking in the 1st Reading?
 - a. Zechariah
 - b. The LORD
 - c. The Angel of Gabriel
3. Fill in the blank: "Rejoice heartily, O _____ Zion, shout for joy, O _____ Jerusalem!" (hint: it's the same word!)
4. Finish the Responsorial Psalm: "I will praise Your Name for ever, _____."
 - a. Jesus Christ
 - b. God of the Universe
 - c. My king and my God
5. Where is the 2nd Reading from?
 - a. Acts
 - b. Romans
 - c. 2nd Peter
6. Who is the "Spirit of God" that St. Paul speaks about in this reading?
 - a. St. Peter
 - b. The Holy Spirit
 - c. St. John
7. Fill in the blanks: "The one who raised Christ from the dead will give _____ to your _____."
 - a. Breath, lungs
 - b. Life, mortal bodies
 - c. Life, souls
8. Where is the Gospel Reading from?
 - a. John
 - b. Mark
 - c. Matthew
9. Who does Jesus say that God has revealed things to?
 - a. The Apostles
 - b. Little ones
 - c. The Gentiles
10. Finish the sentence: "Come to Me, all you who labor and are burdened, and _____."
 - a. Drink from My Cup
 - b. Climb this Hill
 - c. I will give you rest

ANSWER KEY - 14th Sunday in Ordinary Time

- Where is the 1st Reading from?
 - Zechariah ←
 - Job
 - Amos
- Who is speaking in the 1st Reading?
 - Zechariah
 - The LORD ←
 - The Angel of Gabriel
- Fill in the blank: "Rejoice heartily, O _____ daughter _____ Zion, shout for joy, O _____ daughter _____ Jerusalem!" (hint: it's the same word!)
- Finish the Responsorial Psalm: "I will praise Your Name for ever, _____."
 - Jesus Christ
 - God of the Universe
 - My king and my God ←
- Where is the 2nd Reading from?
 - Acts
 - Romans ←
 - 2nd Peter
- Who is the "Spirit of God" that St. Paul speaks about in this reading?
 - St. Peter
 - The Holy Spirit ←
 - St. John
- Fill in the blanks: "The one who raised Christ from the dead will give _____ life _____ to your _____ mortal bodies _____."
 - Breath, lungs
 - Life, mortal bodies ←
 - Life, souls
- Where is the Gospel Reading from?
 - John
 - Mark
 - Matthew ←
- Who does Jesus say that God has revealed things to?
 - The Apostles
 - Little ones ←
 - The Gentiles
- Finish the sentence: "Come to Me, all you who labor and are burdened, and _____."
 - Drink from My Cup
 - Climb this Hill
 - I will give you rest ←

Fourteenth Sunday in Ordinary Time

+ The color vestments the priest is wearing are...

 circle your answer!



RED



GREEN



VIOLET



ROSE



WHITE

PARENTS & EDUCATORS: *Print in color for best results!*

This worksheet is intended for children not yet reading or just learning. They may need simple instructions from you to complete the activities.

+ The first reading is from the Book of

Zechariah

+ Responsorial Psalm

I will praise Your Name

for ever, my king

and my God

How many of each?



1 2 3

YOKES



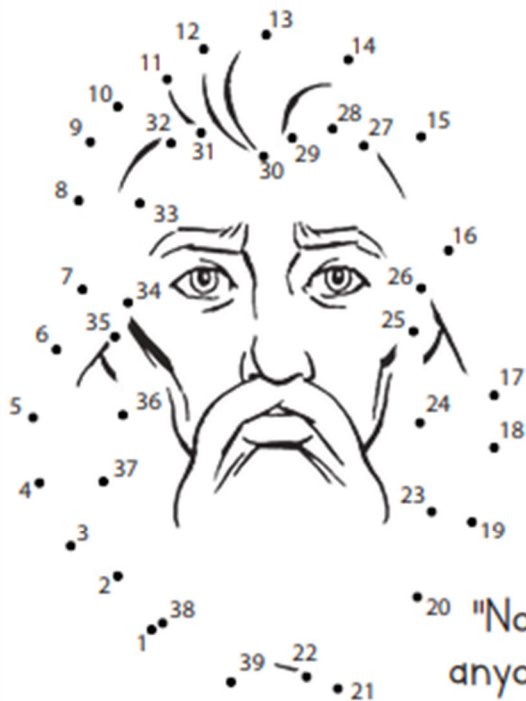
1 2 3

COLTS



1 2 3

RIVERS



+ The Second Reading is from the Letter of Saint Paul to the

Romans

+ The Gospel is according to

Matthew

Connect the DOT to DOT to "reveal" God the Father – reminding us of how Jesus reveals the Father to us!

²⁰ "No one knows the Father except the Son and anyone to whom the Son wishes to reveal Him."



Welcoming
FR. STEVE KIM

TO

ST. ELIZABETH
CATHOLIC CHURCH

AS OUR
NEW PASTOR



Please join us in joyfully welcoming
Fr. Steve Kim
as he begins his ministry
as our new **Pastor**.



WE GIVE THANKS TO GOD

*for guiding our Parish to this new chapter
of faith, hope, and love.*

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